



Elizabeth Aarness

Director

HR Practice

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Elizabeth practices human resources with purpose and passion by working diligently to put people first and is a positive steward of company culture who leads by example. She has extensive experience implementing HR strategy and supporting organizations at a high level by collaborating with leaders, managers, and employees alike. Elizabeth will be an integral member of our human resources leadership team contributing in all functional areas of the HR practice.

EDUCATION

MA, Human Resources Management
Concordia University

BA, Communication Studies
Gustavus Adolphus College

PHR, SPHR, CPA, CMA
Certifications

EXPERIENCE

Senior Director, HR Consultant
Growth Operators

HR Director and Business Partner
City Wide Facility Solutions

Founder / Owner / HR Director
True Dough

Founder and Owner
American Woodmark Corporation

Senior Regional HR Business Partner

STRENGTHS

Mergers & Acquisitions
Organizational Development
Process Improvement
Compliance
Compensation & Benefits
Employee Engagement
HR Strategy Development

AREAS OF EXPERTISE

HR Strategy

Develops innovative, effective HR strategies to optimize organizational performance.

Compensation / Benefits

Designs comprehensive, competitive programs that attract top talent and motivate employees.

Employee Engagement

Creates inclusive and supportive environments; executes key initiatives; cultivates a culture of empowerment that fosters employee engagement.

INDUSTRY EXPERIENCE

SaaS
Advertising Technology
Healthcare
Manufacturing

Retail
Professional Services
Start-Ups